



centre for
suicide prevention



School Suicide Prevention Programs

Programs integrated into school programming
have more success

Co-sponsoring Organizations

Injury Prevention Centre

A provincial organization committed to advancing the impact or prevention, emergency response, treatment and rehabilitation of injuries in Alberta. IPC is part of the School of Public Health, University of Alberta. For more information, visit us at:

<http://injurypreventioncentre.ca/>

Centre for Suicide Prevention

An education centre committed to reducing suicide through education: information services, workshops, presentations, and webinars. CSP is a branch of the Canadian Mental Health Association (CMHA). For more information, visit us at:

<https://www.suicideinfo.ca/>

Subject-Matter Experts

Kevin Hodgson, Manager of Programs, Hockey Education Reaching Out Society (HEROS Hockey). His 15-year career in the Human Services sector has exclusively focused on marginalized children and youth. He is also a Consulting Trainer for the Centre for Suicide Prevention.

Linda Scurr, MEd, counselling program supervisor with Adult Addiction Services Calgary, Addiction and Mental Health (formerly AADAC), Alberta Health Services. As the supervisor of the Calgary AADAC Enhanced Services for Women program Linda was awarded the Premier's Award of Excellence 2005. She is a Consulting Trainer with Centre for Suicide Prevention and has taught suicide intervention training since 1975.

Dave MacLeod, MSc RPsych, founding clinical psychologist with Western Psychology Services in Calgary, now the overseer of the WPS co-operative. Dave began work in suicide prevention in the late 1970s as a volunteer with the Distress Centre/Drug Centre and has, since then, worked in a variety of adolescent treatment centres around the world. Dave is a Consulting Trainer with the Centre for Suicide Prevention.

Secondary Research

Robert Olson, BA, MLIS, Librarian, Centre for Suicide Prevention, provided secondary research for this webinar.

Why Schools?



Preparedness increases suicide prevention readiness, issues facing youth are more visible in a school setting, and school provides multiple helpers.

Why School-based Suicide Prevention?

At-risk youth are most accessible at school

Suicide prevention programs integrated into school programming have more success



#1 A Suicide Prevention Plan

Does your school have a suicide prevention policy?

Is the policy disseminated to all adult stakeholders?



#2: Identified Suicide Prevention Staff

Is there a designated person in your school who leads the suicide prevention policy?

Are school staff formally trained to respond to a youth at risk of suicide?

Is there a crisis response team available to your school?



#3: Student Involvement

Students need to be taught about suicide prevention directly

Peer-support programs?

Community building?





#4: Suicide Prevention and Resources

Communication with parents and caregivers

Established relationships with referral agencies

#5: Relationship with the Teacher

The “X” Factor (that’s you of course!)

A positive relationship with an adult is a critical factor in student suicide prevention

Students need to feel comfortable enough to share potentially dangerous information

You may never know the difference you make.



References

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Thank You

More questions?

Contact us at: csp@suicideinfo.ca



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