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# Promising Strategies

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**For Aboriginal Youth:  
A Manual of Promising Suicide  
Prevention Strategies**  
by Jennifer White and Nadine Jodoin

### Who would use this manual?

This practical guide is designed for those interested in developing a local suicide prevention strategy for Aboriginal youth.

### What makes this manual unique?

Grounded in the best evidence available and written in a user-friendly manner, the manual recommends 17 promising youth suicide prevention strategies that have real potential to reduce suicide and suicidal behaviours amongst Aboriginal youth.

The 17 strategies are broken into four categories: community renewal, community education, school strategies and youth/family strategies. Each strategy is described in detail, including the rationale for its use. Each strategy section includes: advice for implementation, indicators of success and ways to evaluate the program. There is a list of useful resources and organizations to help you get started as well as a real-life example of Canadian communities already using each strategy.

With over 250 pages of information, including an introductory chapter on Aboriginal suicide and a model for understanding suicide prevention, this manual is an important resource to those living and working in Aboriginal communities.

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